



The **University Well-Being Coalition (UWBC)** is a network of university partners working cross-functionally to create a healthier community for students, faculty, and staff. The coalition consists of departments, academic units, and student organizations within MSU who have made a commitment to align their efforts toward creating and strengthening a culture of sustainable and equitable health and well-being at MSU. These partners advance a common agenda by driving policy change; increasing meaningful engagement with students, staff, and faculty; collecting, using, and sharing data; adopting evidence-based best practices; and collaborating on innovative initiatives to advance health and well-being for the entire MSU community. The UWBC is guided by the Steering Committee.

The **UWBC Steering Committee** consists of providers that represent a diverse group of university stakeholders whose role is to leverage the well-being expertise of professionals across the MSU community. The committee's mission is to systematically integrate sustainable health and well-being as a core value in MSU's policies, programs, services and learning environments. Their work includes establishing strategic priorities, as well as tracking, evaluating, and reporting on key health and well-being indicators and initiatives.

To guide our collaborative work, the UWBC has adopted this Inter-Association Well-Being definition:

*'We define well-being as an optimal and dynamic state that allows people to achieve their full potential'*¹

Coalition Purpose and Goals

The University Well-Being Coalition (UWBC) is organized to represent MSU's wide range of constituencies and supports the mission and strategic health and well-being initiatives set forth by MSU. To achieve this purpose, the UWBC's work is organized around three strategic priority goals outlined below.

1. Healthy Michigan State Global Community | Create a comprehensive and inclusive health and well-being initiative for students, faculty, staff (s/f/s) and the extended university community, which builds structures, systems, and policies following a socio-ecological model. This model will focus on improving the well-being of the university community while strengthening and aligning our health and well-being programs that support academic and life achievement, and promote a mindset focused on living a sustainable, well-balanced life.
2. Implement and Evaluate Health & Well-being Initiatives | Plan, develop, implement, and evaluate health and well-being initiatives. Maximize the collection and analysis of well-being data for s/f/s. Engage in evidence-based practices and continuous quality improvement to facilitate sustained healthy lifestyle behaviors which ultimately reduce the economic, personal and personnel burden of chronic conditions while providing measurable outcomes and demonstrating value.
3. Communicate Meaningfully | Build an effective and comprehensive communication network/clearinghouse to create one unified health and well-being voice and resource.

¹ This definition opens our collective work to the customization needed to serve staff, faculty, and students. The full definition and 15 aligned professional associations can be found [here](#).